



## WOC Small Group List

**Support/Recovery Groups** offer extra attention to the needs of people with special circumstances for those seasons of life that can be difficult to manage alone. Accountability, encouragement, support, prayer and education help's to return order and bring healing to the individual.

This category includes:

**Divorce Care – Thursday - Alice Bailey @ 6:30pm Room 006**

13 session DVD driven group provides for small group experience providing healing in men and Women's lives after a divorce. This group is continual. Open Group. Childcare is provided.

**Grief Share – Thursday – Carolyn Benson @ 6:30pm Room 003**

13 session DVD driven group for anyone who has lost a loved one and needs a place to experience God's healing. This group is continual. Open Group. Childcare is provided.

**Widow's Support Fellowship Group – Once a month – Contact 404-317-2885 Linda West**

We intentionally direct ministry to support a widow as she attempts to leave the tunnel of grief to become a recreated person of God. Our fun, friendship, and fellowship activities attempt to offer support mentally, emotionally, spiritually, and socially.

**Celebrate Recovery – Tuesday – Tim & Patti Gray @ 6:45pm (Off Atrium)**

This recovery program helps men and women resolve painful problems and destructive addictions. The group meets every Tuesday at 6:45pm. Contact the church office for more information. Childcare is provided.

**Parents of Addicted Loved Ones, PAL Group – Lower Level Classroom 008 @ 630pm Donna Whitaker**

This is a support group for parents of loved ones who struggle with addiction that includes education and encouraging support. Childcare is provided.

**Affinity Groups** share a common interest in one or more areas such as gender, interest, activities, or life stages. They share the same mutual care of all our small groups while they also experience a common activity or interest. This category would include:

**Military & Veterans Group – Thursday @ 7pm in Room 004 – Ray & Judy Coss**

This group will provide support, care and fellowship for active or inactive members of the armed forces and veterans along with their spouses. Childcare is provided.

**Morning Prayer Group – Every Day in Prayer Center off the Lobby – 6:30am – 7:30am**

Every morning of every week this group meets in the Prayer Center to pray for individuals, the church, community, government, Israel, and our military. You are welcome to come and participate.

**Morning Prayer Group – Monday – Friday – 8am to 9am in 3 Crosses Sanctuary.**

Group meets in 3 Crosses Sanctuary to pray for the church, community, government, Israel, and healing. You are welcome to come and participate.

**Law Enforcement Professionals – Saturday @ 4:00pm in Room 2312 – Tom Sissom**

This group is comprised of law enforcement professionals & retired law enforcement professionals whose focus is on helping others dealing with the job and all that it includes. The focus is on dealing with issues in a Christian manner and the influence we can have on each other, non-Christian law enforcement and ultimately the community both on the job and in our personal lives. Our goal is to help be a light in what can be a dark situation. Childcare is provided.

**WOC Wellness Warriors - Monday @ 7pm in Prayer Center – Melissa Waters**

We take a bible based approach to discuss topics on how right eating and right physical activity are the key to becoming all we can be spiritually, physically, mentally, and emotionally. Our body is our earth suit and the only one we get this side of eternity, we can learn to take better care of it. Childcare is provided.

**WOC Running Group – Saturday @ 7am – email [kara\\_greer@yahoo.com](mailto:kara_greer@yahoo.com)**

Every Saturday morning on the Murfreesboro greenway for prayer and a few miles. We then grab coffee and I lead a Bible study or we have fellowship. It's a great way to grow closer to Christ with other Christians and a great way to take care of the temple God gave us while enjoying the beautiful outdoors. We have been meeting for about 14 years.

## **Monday Small Groups**

**WOC Wellness Warriors - Monday @ 7pm in Prayer Center – Melissa Waters**

We take a bible based approach to discuss topics on how right eating and right physical activity are the key to becoming all we can be spiritually, physically, mentally, and emotionally. Our body is our earth suit and the only one we get this side of eternity, we can learn to take better care of it. Childcare is provided.

**WOMEN'S PRAYER GROUP – Monday @ 5:30pm in Lower Level Classroom 006. Bobbie Dillman & Cheri Welch**

Women gathering to pray for their adult children and grandchildren.

**Quilters Group – Room 2311 @ 9:30am – Cheryl Call**

We love to work on our quilt's and pray for those in need. Our quilts are donated to others and sent to Guatemala.

## **Tuesday Small Groups**

### **Women's Bible Study – Lower Level Classroom 003 @ 6:30 pm – Delametter/Hollowell**

This group is a multi-generational group of women who come to participate in studies that nourish the soul and uplift the heart. Childcare is provided.

### **Men's Bible Study – Lower Level Classroom 006 @ 6:30 pm – Dr. Ray Johnson**

For men of any age who want to use their Bible to learn the promises of God for their lives. Topics change throughout the year but you are invited to come into the group at any time. Childcare is provided.

### **Parents of Addicted Loved Ones, PAL Group – Lower Level Classroom 008 @ 6:30pm Donna Whitaker**

This group provides hope through education & support for parents of addicted loved ones. Childcare is provided.

### **Young Women's Small Group – for those in their 20's – Prayer Center – 7pm - Lindsey Burns**

Young women who are seeking a deeper connections with God and others. Childcare is provided.

### **Quilters Group – Room 2311 @ 5:30pm – Cheryl Call**

We love to work on our quilt's and pray for those in need. Our quilts are donated to others and sent to Guatemala.

### **Young Men's Small Group – for those in their 20's – Room 2312 -7pm -Shane Johnson**

Cultivating young men to be who God created them to be. Being authentic in their relationship with God, family and work. Childcare is provided.

### **Young Professionals Group – Room 2302 – 7pm – Lindsay Brown & Lauren Keller**

A group of young professionals seeking fellowship and growth in our relationship with the Lord. Childcare is provided.

## **Wednesday Small Groups**

## **Wednesday Men's Groups**

### **Crews Men's Group – Room 114 @ 7pm**

Men seeking God's answers to the struggles that men face every day. Childcare is provided.

### **Taylor Men's Group – Room 113 @ 7pm**

Variety of studies for men in their 40's and 50's. Childcare is provided.

## **Wednesday Women's Groups**

### **Kennitz Women's Group– Room 008 @ 10am**

We are a multi-generational women's group committed to doing life together in all aspects, seeking to deepen our relationships with Jesus and each other through topical and biblical study's that are rooted in God's work and truth. Childcare is provided.

### **Mostly Moms – New Harvest @ 10am**

Mostly Moms is a large group made up of several smaller groups. We welcome ladies to join us as we continuously learn what the Bible teaches, and pray for one another, while walking through life with women in similar life stages. Childcare is provided.

### **Women's Bible Study – Lower Level Classroom 003 @ 10am – Ria Heffner**

This group is a multi-generational group of women seeking to grow deeper in their relationship with God through the Bible, various authors' books and DVD studies. Childcare is provided.

### **Women's Bible Study – Room 006 @ 10am – Amanda Seipel**

We are a group of women committed to spiritual growth in one another, maturity in the word, and unwavering faith, bearing fruit so that we can be effective in our spheres of influence. Childcare is provided.

### **Williamson Women's Group – Fellowship Square @ 7pm**

A women's group who gather each week to lift up and encourage each other in the Lord. Childcare is provided.

### **Hunter Women's Group – Room 120 @ 7pm**

Women in their 30's and 40's who love to get together and study the word for purpose of transformation. Childcare is provided.

### **Shimkus/Tucci Women's Group – Room 215 @ 7pm**

Women in their 30's, 40's, & 50's who love to get together and study the word for purpose of transformation. Childcare is provided.

## **Wednesday Married Couple's Groups**

**Burrows Group – All Nations @ 7pm**

Married couples in any life stage are welcome in this group. Childcare is provided.

**Jones – Prayer Center @ 7pm**

Married couples in any life stage who are looking to strengthen their marriage. Childcare is provided.

**Noblitt – Room 008 @ 7pm**

A group of married couples who laugh, learn and do life together. Childcare is provided.

**Shockey – Leadership Park @ 7pm**

Couples that dig deep as married couples into the Bible that explores various studies that apply to everyday life from parenting, marriage, your spiritual walk and most importantly doing “life” together. Doing life together while honoring the Lord is at the heart of our community. Childcare is provided.

**Renfrow – Room 111 @ 7pm**

Married couples in their 30’s and 40’s are welcome in this group. Childcare is provided.

**Mackie/Gipson – Barfield House @ 7pm**

Couples growing together in Faith. Childcare is provided.

**Dizney Young Couples Group– All Nations Sanctuary @ 7pm**

Married couples in their 20’s and 40’s growing in our relationship with the Lord through the study of his word while building relationships with one another through fellowship, prayer and service. Childcare is provided.

**Castle Young Couples Group – Room 112 @ 7pm**

This group is for engaged or married couples in their 20’s creating community through the love of Christ. Childcare is provided.

## **Wednesday Married and Singles**

**Long – 50 & 60 something – Room 2311 @ 10am**

Singles and Couples 50 and older. A study/discussion of various books of the bible with the intention of learning the word and life application. Childcare is provided.

**Singles –average age 20-40 – Room 216 @ 7pm - Adams**

Young professional’s men and women group. Childcare is provided.

**Hoye Group – New Harvest @ 7pm**

Married and singles in any life stage are welcome in this group. Childcare is provided.

**Streichert – Lower Level Classroom 007 @ 7pm**

Married couples and singles in any life stage are welcome in this group. Childcare is provided.

**Woods/Shimkus – Fellowship Square @ 7pm**

Married couples and singles in any life stage are welcome in this group. Childcare is provided.

**Hawes – Room 212 @ 7pm**

Age's 20's to 80's men and women growing together in God and sharing faith based experience. Childcare is provided.

**Synnott – Room 2000 @ 7pm**

A lively and spiritually mature fellowship of singles and couples, who share praises and prayers as they dive deeper into the weekend's message. Childcare is provided.

**Fye/Haslam – Room 213 @ 7pm**

Men and women seeking Jesus open and honest. Childcare is provided.

**Gardner – Fellowship Square @ 7pm**

Married couples and singles in any life stage are welcome in this group. Childcare is provided.

**Hawkins – All Nations Sanctuary @ 7pm**

A mixed group of married and singles, seasoned and new Christ followers growing together. Childcare is provided.

**Newman – Room 217 @ 7pm**

We are a group of people (variety of ages & religious backgrounds) sharing life and Christ together through God's word. Childcare is provided.

## **Thursday Small Groups**

**Bradley/Gilliland Women's Group – Room 2000 @ 7pm**

Women's group average age 35 to 55. This group focuses on studies that address the needs, obstacles and desires of women today. Childcare is provided.

**Chrisman/Perkins Couple's Group – Room 2311 @ 7pm**

Couple's group average age 30-40 are welcome in this group. Childcare is provided.

**Bradley Men's Group – Room 2312 @ 7pm**

Men's group 35 to 55 year old. This group is focused on reading through books of the Bible to seek God's truth in an applicable way that will transform our lives. Childcare is provided.

**Spanish Speaking Small Group – @ 7pm in Clinic – Pablo & Janet Salvatierra**

Spanish prayer and Bible study/ Estudio Bíblico en español. Contact Janet at [janetypablo@hotmail.com](mailto:janetypablo@hotmail.com) for directions.

**Gardner – Fellowship Square @ 7pm**

Men and Women who are focused on Spiritual growth. Childcare is provided.

**Hafner – Room 118 @ 6:30pm (call the office 615-896-4515 for schedule)**

This small group has been a place of encouragement and acceptance that has allowed people new in their faith (and even those searching to believe) to learn and grow together as a church family. Childcare is provided.

**Pimentel – Room 116 @ 630pm**

Married couples and singles committed in prayer for each other, standing shoulder to shoulder doing life together, trusting the Lord to grow us and stretch us to be more like him every day. Childcare is provided.

**Holbrook – Room 117 @ 630pm**

Married couples and singles in any life stage are welcome in this group. Childcare is provided.

**Plageman/Ramey Women's Group – Room 2308 @ 7pm**

Women's group for any life stage are welcome in this group. Childcare is provided.

**Prime Timers 50 + @ 6:00pm**

A group of seniors who are striving through the study of God's word to a continual development of spiritual awareness and the ability to administer the love of Jesus to their families, friends, and associates. Christian examples, and advocates for eternal values. Childcare is provided.

**Adams/Lott Women's Group – Room 008 @ 7pm**

We are a mission orientated woman's Bible study. Childcare is provided. Childcare is provided.

**Lasalandra Men's Group – Room 115 @ 7pm**

Christian worldview and apologetic group that helps us learn how our faith is connected to all parts of life and to defend our faith in our culture. Childcare is provided.

**Beaird – Room 120 @ 7pm**

New Believers Discipleship study for men. Join us as we grow together in our walk with Christ. Childcare is provided.

**Clement Men's Group– Prayer Center @ 7pm**

We are growing God strong men through study's and prayer. Come and enjoy the journey. Childcare is provided.

**Military Group – Lower Level Classroom 004 @ 7pm- Ray and Judy Coss, Jesus & Christina Merino**

This group will provide support, care and fellowship for those who are currently serving or have served in the armed forces. Veterans, family members, and loved ones are all invited. Childcare is provided.

**Single & Parenting– Room 2006 @ 630pm – Marilee Peterson**

Women of any age are welcome in this group with any age children. Childcare is provided.

**Single's 40 to 55 years old – Room 007 @ 630pm – Mike & Monica Harris**

We are more than conquerors through Christ who loved us! Childcare is provided.

**Zaderaka – Room 114 @ 7pm**

Women of any age and any faith stage growing together as Disciples of Christ in authentic community. Childcare is provided.

## **Saturday Small Groups**

**WOC Running Group – Saturday @ 7am – email [kara\\_greer@yahoo.com](mailto:kara_greer@yahoo.com)**

Every Saturday morning on the Murfreesboro greenway for prayer and a few miles. We then grab coffee and I lead a Bible study or we have fellowship. It's a great way to grow closer to Christ with other Christians and a great way to take care of the temple God gave us while enjoying the beautiful outdoors. We have been meeting for about 14 years.

**Men's Small Group – Lighthouse @ 7:00 am – Corey Teague**

For men seeking purpose and direction as fathers, husbands, and men of integrity through prayer, study, and fellowship.

**Spanish Speaking Small Group – Pablo & Janet Salvatierra 10am**

Spanish prayer and Bible study/ Estudio Bíblico en español. Contact Janet at [janetypablo@hotmail.com](mailto:janetypablo@hotmail.com) for directions.

## **Tuesday Home Growth Groups**

**Robert & Tracey Witherspoon – Tullahoma**

Email [spoonmail@msn.com](mailto:spoonmail@msn.com) for location and details. We meet from 6:30 to 8:00 pm as we seek to learn from and encourage one another.

**Brenda Kocher – Lebanon**

Email [brenda@kocherfamily.com](mailto:brenda@kocherfamily.com) for location and details. Women from Wilson County who are eager to grow in the Lord, bond together, and become accountable to one another.



## Wednesday Home Growth Groups

**Bill & Priscilla Santi** – Call 615-969-5918 for location – 7pm  
Married and singles in any life stage are welcome in this group.

**Don & Shelly Day** – Call 890-3992 for location – Cason Lane area - 7pm  
Our group offers a safe place to connect with other believers in fellowship; to grow in our understanding of the Bible, to meet the needs of others in our group in ministry; and to become equipped to worship and obey God through practicing godly behavior.

**Sean & Rebekah Koutny – Mt. Juliet**  
Email [bekah6423@yahoo.com](mailto:bekah6423@yahoo.com) for location and details. Married and singles in any life stage who seek spiritual growth, love to laugh, and desire to build meaningful Christ centered relationships.

## Thursday Home Growth Groups

**Craig & Linn Sumrall – McMinnville**  
Email [linnsurall@yahoo.com](mailto:linnsurall@yahoo.com) for location and details. Earnestly seeking and encouraging one another to grow in Christ, that He be center of our lives and the group, growing in God's grace, yielding to Jesus, the Lord of our lives.

**Bruce Shaw – Franklin County**  
Email [brucewayneshaw@yahoo.com](mailto:brucewayneshaw@yahoo.com) for location and details. We meet together in Franklin county to learn and grow and be transformed into the likeness of Christ for the sake of His kingdom.

**Sandra Trail – Murfreesboro Area**  
Email [sandra@trailstearns.com](mailto:sandra@trailstearns.com) for location and details. A diverse group of men and women who meet weekly for an in-depth Bible study, with a focus toward seeking God and honoring Him in our daily lives.

**Molly Dillingham – Franklin**  
Email [molly@dillinghamcpa](mailto:molly@dillinghamcpa) for location and details. We are a home group who gathers together for fellowship around the word of God as we learn to trust Him with life issues.

## Friday Home Growth Groups

**Alan & Ellen Brock – Blackman Area**

Email [aebrookfamily5@bellsouth.net](mailto:aebrookfamily5@bellsouth.net) for location and details. We are a group of teens to seniors hungering and thirsting for truth and promises of the Lord, enjoy building relationships, and are persevering to apply what we learn.

If you are interested in experiencing a small group fellowship and study and can't get to a week night group you might try one of these weekend groups. These groups are mixed in age and life stage so everyone is welcome.

## **Saturday Campus Weekend Groups**

Bobby & Becky Hughes – 7:00 pm in Room 117

Isaac & Kim Zimmerle – 7:00 pm in Room 116

## **Sunday Campus Weekend Groups**

Dave & Julie Embry – 8:30 am in Room 112

Lane Wommack – 8:30 am in Room 118

Molly Dillingham – 10:30 am in Room 2311  
We are a weekend group for ages 30 + and any life stage.

Pat Gibson & Mike Gracey – 10:30 am in Room 118

Jeff & Mary Jo Graham – 10:30 am in Room 117

Stan & Soly Wilson – 10:30 am in Room 120

