

**Morning Prayers****Bitterness/Unforgiveness vs Forgiveness****Prayer of Preparation**

Heavenly Father, thank You for showing great mercy and kindness to me. You have made provision that all my sins may be forgiven and that I might be righteous before You. I confess, I have not extended that same grace to others—I have held onto the offense, refusing to extend kindness, mercy, and forgiveness. Please bring to my mind anyone I need to forgive that I may do so. In Jesus' name, amen.

**Prayer of Forgiveness**

Almighty God, I choose to forgive \_\_\_\_\_ for all that happened to me and others. I have felt \_\_\_\_\_. I release them, I cancel the debt, and entrust them to Your loving care. In Jesus' name, amen.

**Follow Up**

Lord Jesus, I choose to release all resentment, bitterness and rage. I relinquish all of my rights to seek revenge or the desire to see others suffer as I have. I ask You to heal the brokenness within me. I rejoice in my freedom from bitterness and anger. Bless those who have cursed me. In Jesus' name, amen.

**Evening Prayers****Pride vs Humility****Prayer of Preparation**

Heavenly Father, You have told us to trust in You with all our heart. You have cautioned that pride goes before destruction and arrogance precedes stumbling. I confess that I have often ignored Your counsel and imagined my strength was sufficient, my training was adequate, my determination would create the desired outcome. I have placed my will above Yours, and I have sought my way before accepting Yours. I confess my sin, my pride, and my selfishness. I pray that all ground gained in my life by enemies of the Lord Jesus Christ would be canceled as I repent and overcome these expressions of my carnal nature. Holy Spirit, examine my heart and help me to see the ways I have lived pridefully. In the precious name of Jesus, amen.

**Prayer of Application**

Almighty God, I acknowledge that I have been proud of \_\_\_\_\_. I rejoice in Your forgiveness. I choose to humble myself before You and others. I choose to place my confidence in Your great power and not in my strength. In Jesus' name, amen.